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healthystartokawalton.org

850-833-9284

Healthy Start Community Coalition of Okaloosa-Walton Counties, Inc.
Funded by contract with State of Florida, Department of Health



Like us on...

*For a Healthy Start in life...
The best place to start is at the very beginning!*



HEALTHY START FAMILY RESOURCE DIRECTORY

2016



OKALOOSA COUNTY



H

aving a baby is awesome! You alone will give your baby life. You alone are the most important person in the world to your baby, and what you do now, even before his or her birth, can be the difference between good health and poor health for your baby.

To help you find the services you need, the Healthy Start Coalition of Okaloosa-Walton Counties has compiled this easy-to-use booklet for you. We have tried our best to be as current and accurate as possible, but please bear in mind that telephone numbers change, programs lose funding, or we may have missed the occasional errors. So if a number is incorrect, please call, and we'll help you find the right number. After all, our only goal is good health - for you and your baby.

The best place to start is at the very beginning!

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Healthy Start

ADDRESSES

South County

Fort Walton Beach Medical Center
1000 Mar-Walt Drive
Fort Walton Beach, FL 32547

Florida Department of Revenue Child Support Enforcement
111-C Racetrack Road
Fort Walton Beach, FL 32547

Okaloosa County Health Department
221 Hospital Drive, N. E.
Fort Walton Beach, FL 32548

Okaloosa County School Board
120 Lowery Place
Fort Walton Beach, FL 32548

Early Learning Coalition
107-A SE Tupelo Ave.
Fort Walton Beach, FL 32548

Salvation Army
425 Mary Esther Cut-ff NW
Fort Walton Beach, FL

Sharing and Caring
126 SW Beal Parkway
Fort Walton Beach, FL 32548

Sharing and Caring
104 Bullock Blvd.
Niceville, FL 32578

Striving for Perfection Ministries, Inc. (S4P Synergy)
24 Bass Ave. SW
Fort Walton Beach, FL 32548



Healthy Start

Since the first contact with an agency or organization is usually made by telephone, the listings in this book give a telephone number only. Following are the addresses of the most often used services.

White-Wilson Medical Center
490 N. Hwy. 85
Niceville, FL 32578

White-Wilson Medical Center
990 Airport Rd.
Destin, FL 32540

White-Wilson Medical Center
1005 Mar-Walt Drive
Fort Walton Beach, FL 32547

North County

Children's Clinic
160 E. Redstone Ave.
Crestview, FL 32539

Okaloosa County Health Department
810 E. James Lee Blvd.
Crestview, FL 32539

North Okaloosa Medical Center
151 Redstone Ave. SE
Crestview, FL 32536

Florida Department of Revenue Child Support Enforcement
728 N. Ferdon Blvd.
Crestview, FL 32536

Military Bases (Military ID Needed)

Family Support Center
Bldg. 90213
121 Bartley St.
Hurlburt Field, FL 32544

Family Support Center
Bldg. 205
502 W. Van Matre, Suite 1
Eglin AFB, FL 32542

WEB SITES

Emerald Coast Pregnancy, Birth and Breastfeeding Resources
www.emeraldcoastbirthresources.com

Healthy Start Okaloosa-Walton
www.healthystartokawalton.org

La Leche League
www.llli.org

Safe Sleep Information
www.nichd.nih.gov/news/resources/spotlight/101811-safe-sleep-for-all-babies.cfm

March of Dimes
www.marchofdimes.com

Am. Assoc. of Poison Control Centers
www.sspvv.otn/DNN/

Tobacco Free Florida Quitline
www.floridaquitline.com

Teen Pregnancy Prevention
www.thenationalcampaign.org

Folic Acid and Pregnancy
www.wcbmd.com/baby/folic-acid-and-pregnancy

Airman & Family Support
www.eglinforcesupport.com

ARE YOU PREGNANT?

It's so important to find out as soon as possible if you are pregnant, because if you are, your baby needs your help right away - to get a Healthy Start in life.

For a pregnancy test, call one of these numbers.

Okaloosa County Health Dept. FWB..... 833-9240
Okaloosa County Health Dept. Crestview 689-7808
LIFE Inc., FWB 862-9020
Crestview Pregnancy Center.....682-1011
Private Doctor..... See *Obstetrician* in Yellow Pages
or*Health Care section of this booklet*
Eglin Hospital Information..... 883-8242
Eglin Appointments..... 883-8600

****All services from Eglin or Hurlburt require a military ID Card****



Healthy Start

If the pregnancy test is positive, congratulations! You're going to have a baby! The following pages will help you get the services you and your baby need.

CONFUSED? SCARED?

If you're not sure what to do, or perhaps have a special problem you need to talk to someone about, call one of these numbers.

Okaloosa County Health Department

Fort Walton Beach 833-9240
Crestview 689-7808

Healthy Start (pregnancy and babies) .. 833-9284
For Services call850-683-5002

First Call for Help..... 243-9111

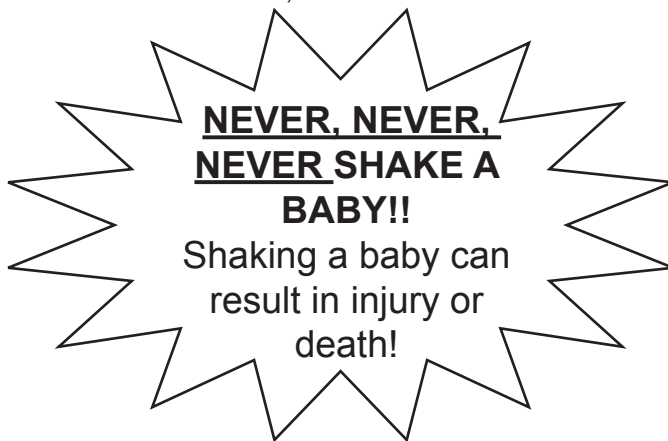
Healthy Families 484-5040

Shelter House FWB 243-1201

Toll Free Hotline1-800-44ABUSE

FL Abuse Hotline 1-800-96ABUSE

National Suicide Prevention Hotline
.....1-800-273-TALK (8255)



Emergency! Call 911

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PARENTING/CHILDBIRTH

Adoption- Catholic Charities NWF244-2825
Beyond Just Buckled (carseat safety)218-8200
Breastfeeding and Nutrition Education (WIC)
Fort Walton Beach833-9254
Crestview689-7858
Fort Walton Beach Medical Center.....862-1111
Prepared childbirth, sibling, infant CPR
Healthy Families 90 Works 850-484-5040 x 1337
Healthy Start**833-9284**
Education and support for moms and babies
North Okaloosa Medical Center689-8475
Classes for expectant parents
Early Learning Coalition833-9330
Resource and referral833-9333
Postpartum Depression1-800-773-6667
Ronda Coon Women's Home, FWB.....243-5800
Family Birth Center (Childbirth Ed), Sacred Heart EC ..278-3676

Military (Military ID required)

Airman and Family Readiness
Eglin AFB882-9060
Hurlburt Field884-5441

Family Advocacy

Eglin AFB883-8616
Hurlburt Field881-5061

New Parent Support Program

Eglin AFB883-9890
Hurlburt Field881-5256

Family Planning

Okaloosa County Health Department
Fort Walton Beach833-9240
Crestview689-7808
LIFE Inc.862-9020

School Physicals

Okaloosa County Health Department
Fort Walton Beach833-9246
Crestview689-7808
Gulf Coast Immediate Care Center244-3211

Adoptions/Foster Care

Catholic Charities244-2825
Children's Home Society833-3872
Families First Network, FWB833-3818
Adoptions, FWB833-3946

For attorneys who specialize in adoptions,
see Adoptions in the Yellow Pages

REMEMBER! ALWAYS PUT YOUR BABY TO SLEEP ON HIS OR HER BACK. DRESS BABY IN A "ONSIE" FOR WARMTH. ALWAYS PUT YOUR BABY ALONE, IN A CRIB, WITH NO HEAVY BLANKETS, NO STUFFED ANIMALS, NO BUMPER PADS. DON'T SLEEP WITH BABY - YOU COULD ACCIDENTALLY ROLL OVER ON THE BABY WHILE YOU SLEEP.



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FIRST STEPS

DO

- ☺ See your doctor or a health care provider at the health department
- ☺ Eat healthy foods
- ☺ Read books about pregnancy and childbirth
- ☺ Plan to breastfeed - it's the natural choice for your baby
- ☺ Plan to take your baby for well-baby checkups and shots
- ☺ Begin taking Folic Acid

DON'T

- ☹ Smoke - if you smoke during pregnancy your baby is more likely to be born too small
- ☺ **For help to quit smoking, call QuitforLifeLine1-877-UCAN NOW (1-877-822-6669)**
- ☹ Drink alcohol, take drugs or medication (unless prescribed & your doctor knows about it)
- ☹ Get stressed out



Healthy Start

Get Healthy Before You Get Pregnant

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HOUSING

Shelter

Emerald Coast Rescue Mission	796-0700
Shelter House - for domestic violence, FWB.....	863-4777
Crestview Outreach.....	683-0845
LIFE, Inc. - for pregnant women.....	862-9020
Coalition for the Homeless/Fresh Start.....	243-5648
Habitat for Humanity.....	315-0025
Hope House, Crestview.....	682-2374
Opportunity Place - Emergency Shelter.....	409-3070
.....	850-200-4412
Ronda Coon Women's Home.....	243-5800
S4P rent, utility assistance.....	362-6977
Spiritual Dimensions.....	376-8324
Low-cost, short-term retreat center	

Housing Authority (Low Income Housing)

Fort Walton Beach Housing Authority.....	243-3224
Fresh Start Transitional Housing.....	243-5648
Niceville Housing Authority.....	678-7816
Crestview Housing Authority.....	682-2413
Section 8 (HUD), Housing Authority, FWB.....	243-3224

Private Housing - Subsidized

Choctaw Village Apartments.....	862-4200
Wildwood Apartments.....	678-7734



Healthy Start

EMPLOYMENT

Labor Finders	243-2699
Daily labor for skilled/unskilled laborers in construction, landscaping, etc. Come to 6B Hollywood Blvd. between 5:30-6 a.m. If jobs are available, transportation is provided and payment for work is on a daily basis.	
CareerSource Okaloosa-Walton	
A one-stop center for all employment needs, including vocational counseling, training, testing, job listing and assistance, welfare transition, unemployment compensation information, etc.	
Fort Walton Beach	833-7587
Crestview	689-7823
Senior Employment Program	689-7823x225
Social Security Administration	1-800-772-1213
Southeastern Vocational Service of Lakeview	609-1046
Vocational Rehabilitation	
Fort Walton Beach	833-9114
Women's Educational Resource Center	
NW Florida State College, Niceville	729-5290

Military (Military ID required)

Airman & Family Support Center, Eglin AFB	882-9060
Airman & Family Support Center, Hurlburt Field ...	884-5441

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EDUCATION

Okaloosa County School Board	689-7300
Head Start FWB	244-2606
Crestview Edney Center	682-2912
Crestview Baystreet Center.....	689-3645
Niceville.....	678-6893
Laurel Hill.....	850-652-4909
Kennedy Center	682-1992
Lakeview Center	682-5931
Early Learning Coalition	833-3627
Information about early childhood education	
CHOICE High School	833-3500
Provides vocational and specialized education, such as LPN nursing, automotive, etc.	
Teen Age Pregnancy Program (TAPP)	833-3500
Adult Education	
Adult Education GED	729-5387
NW Florida State College-Niceville.....	729-5290
NW Florida State College Career Center.....	729-5387
Support, training and job placement	
English for Speakers of Other Languages (ESOL) ...	729-5387

Colleges, Universities, Vocational-Technical Schools	
VO-TECH, (Choice Institute) FWB	833-3500
Northwest Florida State College	
Main Campus, Niceville.....	678-5111
Eglin AFB.....	678-1717
Hurlburt Field.....	884-6296
Fort Walton Beach.....	863-6500
Robert Sikes Education Ctr, Crestview.....	200-4141
University of West Florida (UWF)	
Eglin AFB.....	678-3727
Fort Walton Beach.....	863-6565
Hurlburt Field.....	884-2723
Troy State University, Florida Region	
Eglin AFB.....	301-2180
Hurlburt Field.....	301-2195
Fort Walton Beach.....	301-2100
S4P Synergy, Inc.	
School based mentoring and training.....	862-3899 x100



INFORMATION LINES

•Abuse Hotline (Florida DCF)	1-800-962-2873	•Financial Services	1-800-342-2762
•Adoption Hotline (Florida)	1-800-962-3678	•Florida Kidcare Insurance	1-800-821-5437
•AIDS.....	1-800-FLA-AIDS	•Job Discrimination.....	1-800-342-8170
•Alcohol Recovery	1-800-ALCOHOL	•La Leche International.....	1-800-LaLeche
•American Speech/Hearing Assoc.....	1-800-638-8255	•Medicaid Information.....	1-800-303-2422
•Child Abuse Hotline (National)	1-800-422-4453	•National Runaway Switchboard.....	1-800-RUNAWAY
•Child Find, Inc.	1-800-426-5678	•Poison Control Nationwide.....	1-800-222-1222
•Child Support Enforcement	1-800-622-5437	•Post Partum Support International.....	1-800-944-4PPD
•Children's Home Society	1-321-397-3000	•STD Hotline	1-800-227-8922
•Domestic Violence Hotline	1-800-44ABUSE	•Stuttering Foundation.....	1-800-992-9392
•Family Health Line	1-800-451-2229	•Substance Abuse Information	1-800-662-HELP
•Florida SIDS Alliance	1-800-743-7352	•Toll Free Information	1-800-555-1212
		•WIC Program Hotline	1-800-342-3556



Family Health Hotline of Florida.....1-800-451-BABY

HEALTH CARE

Health Care for Pregnancy and Delivery (Obstetrics):

Sergio Cabrerra, MD, Crestview.....	398-8940
North Okaloosa Physician Group, Crestview.....	689-2229
Doctors: Gregory Coates, Janet Hamby, Kevin McIntosh	
Jennifer Esses, MD, Destin.....	267-2292
Eglin Regional Hospital.....	883-8242
Gentle Birth Options, Cindi Denbow, CNM, Niceville.....	1-844-262-4784
Melinda Graham, MD, Ann Whitlock, MD, Santa Rosa Bch.....	267-2961
Northwest Florida OBGYN, FWB.....	243-2229
Doctors: Michael Hennessey, Diana Decotis-Smith, Stephanie Caywood	
Kimberly Hood, MD, Lucy Rice, MD, Niceville.....	897-0110
Maria Milton, Licensed Midwife, Flowersview.....	850-834-2946
Jennifer Seaton, MD, FWB.....	362-6435
David Stoneking, DO, FWB.....	863-8264
Donald Whitaker, MD, FWB.....	863-1000

Health Care for Women (Gynecology)

Glenn Bankert, DO, Crestview.....	689-2223
Sergio Cabrerra, MD, Crestview.....	398-8940
North Okaloosa Physician Group, Crestview.....	689-2229
Doctors: Gregory Coates, Janet Hamby, Kevin McIntosh	
John Carlson, MD, Crestview.....	682-8485
Jennifer Esses, MD, Santa Rosa Beach.....	267-2292
Northwest Florida OBGYN, FWB (see above for doctors).....	243-2229
Kimberly Hood, MD, Lucy Rice, MD, Niceville.....	897-0110
Lisa Judge, M.D.....	729-1414
Strick Mays, MD.....	683-1100
Ann Nguyen, MD.....	837-0576
Northwest Florida Woman Care, Niceville.....	279-6267
Doctors: Hennessey, Decotis-Smith, Caywood	
Jennifer Seaton, MD, FWB.....	362-6435
David Stoneking, MD, FWB.....	863-8264
Donald Whitaker, MD, FWB.....	863-1000



Healthy Start

Health Care for Children (Pediatrics)

ABC Pediatrics, Crestview.....	689-0900
Children's Clinic, Crestview.....	689-0555
Doctors: Sharon Rosenberg, Rick Lujan	
Crestview Pediatrics.....	683-5100
Doctor Philip Peters, Brenda Strand, ARNP and Paul Tartarilla, ARNP	
North Okaloosa Physicians Group, Crestview.....	398-8725
Doctors: Mervin Manuel, Keely Kubly	
Pediatrics of Okaloosa, Niceville.....	678-9009
Doctors: Tracey Burton-Linder, Lynn Keefe	
White Wilson Pediatrics, FWB.....	863-8203
Doctors: Keith Krist, Andrea Loder, Douglas Rigby, Robert Shelton, Kyle Simmers, Lyn Sprenkle, Alison Schiebel, Paul Berger	
White-Wilson Medical Center, Destin.....	837-3848
Doctors: Susanna Buchholz, Richard Reno, Paul Allen, Lyn Sprenkle	
White Wilson Medical Center, Niceville.....	897-4400
Doctors: Evan Meeks, Jennifer Edwards, Kyle Simmers, Hilary Stamp, Lalitha Vadlamani-Simmers	
White-Wilson Medical Center, Navarre.....	396.0108
Doctor: Paul Berger	
Health Care for Families	
Charles Barniv, MD, Destin.....	837-5181
Steven L. Clark, MD, Niceville.....	897-3200
Magnolia Medical Clinic, FWB.....	243-7681
Doctors: Bill Buckelew, John Sites and Peter Senechal	
White Wilson Medical Center, Niceville.....	897-4400
Doctors: Ann Gwinnup, Andrew Yang, Terry Payne	
White Wilson Medical Center, FWB.....	863-6600
Doctors: Christopher Hansen, Timothy Tuel, Erica Saintillus	
John Chomer, MD.....	863-4700
Marcene Kreifels, MD, Crestview.....	892-2266
Pat Tidwell, MD, Niceville.....	678-6735
North Florida Medical Centers-sliding scale fees - Crestview.....	682-1164
Baker.....	537-2700
Anna Manuel, MD, Crestview.....	398-8725

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MILITARY FAMILY SERVICES

NOTE: A Military ID is required for all services offered by the Air Force or other military service.

Family Advocacy Program - Programs include:

Exceptional Family Member Program - for members with physical, emotional or educational needs.

Family Advocacy Outreach Program - for prevention of family maltreatment and exceptional medical-educational conditions..... 883-8616

New Parent Support Program - nursing services, counseling and education for families with newborns, children up to 3 years old..... 883-9890
Eglin AFB..... 883-8616
Hurlburt Field..... 881-5061

Airman & Family Readiness Center - Information, referral, family skills, marriage enrichment, parenting, stress management, financial services, crisis parenting, employment assistance.
Eglin AFB..... 882-9060
Hurlburt Field..... 884-5441

LEGAL SERVICES

Legal Services of North Florida.....	862-3279
Child Support Enforcement.....	1-800-622-5437
Public Defender, Criminal Cases.....	651-7350
Guardian Ad Litem, FWB.....	609-5467
Crestview.....	689-5060



Healthy Start

CHILD CARE

Boys and Girls Clubs.....	862-1616
Child Care Resource and Referral.....	833-9333
Head Start - preschool for low income children	
Fort Walton Beach.....	244-2606
Crestview.....	682-2912
Early Learning Coalition, O-W, FWB.....	833-9330
Crestview.....	689-7823 x238
Early Learning Coalition.....	833-3627

Military (Military ID required)

Eglin Child Development Center 2.....	883-7425
Center 3.....	882-5519
Family Child Care (in home day care).....	882-2994
Hurlburt Child Development Center, Main.....	884-6664
East Center.....	881-1260
West Center.....	884-5154

TRANSPORTATION

Okaloosa Coordinated Transportation - Medicaid approved.....	http://rideoct.org
Must call 24 hours in advance to schedule ride.	
Fort Walton Beach.....	833-9168
Crestview.....	689-7809
The Wave, .50 cents per ride (FWB, Destin).....	833-9168
The Wave Express, \$1.50 per ride.....	833-9168

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FOOD

Emergency Food

Catholic Charities NWF	244-2825
Sharing and Caring - food, clothes, etc.	
Fort Walton Beach	244-0778
Niceville	678-8459
Crestview	682-1907
Salvation Army - emergency needs, food, lodging	
Fort Walton Beach	243-4531
Striving for Perfection Ministries	862-3899
Waterfront Bargain Center, FWB	244-2726
Crestview	689-2700
Harvest House, Destin	837-2277

Nutrition and Breastfeeding Services

La Leche International	800-LaLeche
Lactation Consultants - Support and help with breastfeeding.	
Eglin Hospital - Regina Humphreys	883-8001
or	850-502-7488
Okaloosa WIC	833-9254
WIC, Crestview	689-7858
Womb to Breast - Anne Hinze	699-2018

CLOTHING

Sharing and Caring, FWB	244-0778
Niceville	678-8459
Crestview	682-1907
Ronda Coon Women's Home	243-5800
LIFE, Inc.	862-9020
Catholic Charities - baby clothes	244-2825
Salvation Army	243-4531
Waterfront Bargain Center	244-2726
Goodwill, FWB	864-6677
Destin	837-8516
Valparaiso	729-2330
Harvest House	837-2277

Military (Military ID required)

Eglin Thrift Shop	678-4726
Hurlburt Thrift Shop	884-3098

See *Thrift Shops* or *Consignment Services* in Yellow Pages.



Healthy Start

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FINANCIAL HELP

If you are unemployed, uninsured or low income, you may be eligible for financial assistance or Medicaid.

Children and Family Services

The Florida System of Children and Family Services is your one-stop eligibility screening center for all available economic and medical services. Services include food stamps, medicaid eligibility, well baby care, and Temporary Assistance for Needy Families (TANF). **Department of Children and Families Access Florida Line**

1-866-762-2237
or go online to www.dcf.state.fl.us/ess or www.myflorida.com/accessflorida

Career Source (job training and placement)	
Fort Walton Beach	833-7587
Crestview	689-7823
Child Support Enforcement	1-800-622-5437
Medicaid Eligibility for Pregnant Women	1-800-303-2422
Okaloosa County Health Department	
221 Hospital Drive, FWB	833-9240
810 E. James Lee Blvd., Crestview	689-7808

Emergency Needs

Catholic Charities	244-2825
S4P Synergy, Inc.	862-3899 x100
Local Churches	See Yellow Pages for Listings

(All are budgeted monthly, so timing is important!)



Healthy Start

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COUNSELING

Mental Health/Substance Abuse Counseling

Bridgeway Center.....	833-7500
Substance abuse/mental health counseling	
Bridgeway Drug/Alcohol.....	833-7500
Crestview.....	689-7845
Bridgeway Children's Services.....	833-7440
Bridgeway Assessment & Therapy.....	833-7400
Crestview (group therapy).....	689-7810
Catholic Charities NW Florida.....	244-2825
Specialized pregnancy, marriage, family counseling	
Children's Home Society.....	833-3872
Teenage pregnancy counseling, adoption services	
crisis counseling	
Community Drug /Alcohol Council (WISE).....	850-434-2724
.....	888-994-9944
Life Inc.....	862-9020
Lakeview Center, Shalimar.....	609-1040
Lutheran Services.....	664-0145
Turning Point Center, for mental health.....	243-8086
Mental Health Association.....	244-1040



Healthy Start

Immunizations (Shots)

NOTE: Shots are given at the Health Department on a walk-in basis. The immunization hours are as follows:

Mornings: Monday thru Friday, 7:30-10:30a.m.

Afternoons: Monday, Wednesday, Thursday, 12:30-3:30 p.m.

Tuesday 12:30-5:00p.m. **Closed on Friday afternoons.**

FWB..... 833-9240

Crestview..... 689-7808

Children's Clinic, Crestview..... 689-0555

Hospitals

FWB Medical Center..... 862-1111

(Level II Neonatal Intensive Care Unit)

North Okaloosa Medical Center..... 682-9731

Twin Cities Hospital..... 678-4131

Eglin Regional Hospital 96 Med Group..... 883-8242

Sacred Heart of the Emerald Coast..... 1-866-591-3600

Sacred Heart Hospital, Pensacola..... 1-850-416-7000

Clinics

Children's Clinic, Crestview..... 689-0555

Children's Volunteer Health Network..... 622-3200

K-12th grade enrolled in free or reduced lunch program can receive medical, dental or mental health assistance

Crestview Health Center..... 682-1164

Crossroads Center..... 389-3015

Destin Medical Center, Destin..... 837-5181



Healthy Start

Insurance

FL KidCare - Affordable Childrens' Health Insurance..... 1-800-821-5437 or 865-0564

MomCare - Special insurance for prenatal care..... 683-5002

SUPPORT GROUPS

Alcoholics Anonymous.....	244-2421
Battered Women's Support-Shelter House.....	243-1201
CHADD.....	1-800-233-4050
Parents of Children with Attention Deficit Disorder	
OASIS (AIDS).....	314-0950
Post Partum Depression.....	1-800-773-6667
Emerald Coast Rescue Mission Drug and Alcohol Program	
(6 month program).....	796-0708
Teen Age Pregnancy Program (TAPP).....	833-3500
Breastfeeding Counseling and Support	
La Leche League International.....	800-La Leche
Christina.....	850-259-1105
WIC, FWB.....	833-9254
WIC, Crestview.....	689-7858
Womb to Breast.....	850-699-2018
Health Source.....	864-5300

For more complete and current support group listings, see the **Calendar** section of the Northwest Florida Daily News, or call the **Crisis Line, 244-9191**.

For more complete listing, see "**Counselors - Human Relations**" in Yellow Pages

Gulf Coast Immediate Care, FWB.....	244-3211
Magnolia Medical Center, FWB.....	243-7681
Milton Birthing Center, Flowerview.....	1-850-834-2946
Regional Perinatal Center.....	1-850-416-2477
(For high-risk pregnancies)	
Ronda Coon Women's Home.....	243-5800
Sacred Heart Women's Care, Pensacola.....	1-850-416-2400
White-Wilson Medical Center.....	863-8100
Niceville.....	897-4400
Destin.....	837-3848
White-Wilson Immediate Care.....	863-8219

Okaloosa County Health Department

Fort Walton Beach

Main Number, FWB..... 833-9240

Appointments, FWB..... 833-9246

Women, Infants, Children (WIC) FWB..... 833-9254

Information, FWB..... 864-8614

Vital Statistics (birth certificates)..... 833-9255

Environmental Health (sanitary conditions)..... 833-9247

Crestview

Main Number & Appointments, Crestview..... 689-7808

Women, Infants, Children (WIC), Crestview..... 689-7858

Environmental Health (sanitary conditions)..... 689-7859

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SPECIAL NEEDS

Child Protective Investigations

Fort Walton Beach 833-9237
 Crestview 603-6027
 Niceville and FWB 833-9237 ext 285
 Abuse Registry 1-800-96ABUSE

Children's Center (Horizons) - preschoolers
 age 0-5, handicapped and non-handicapped
 who need day or after school care 244-9187

Child Find 888-445-9662

Children's Medical Services (CMS) - for children under
 21 with chronic conditions, whose physical functions
 and movements are impaired as a result of accident,
 disease or birth defect and whose families
 cannot afford treatment. 1-800-381-3685

Early Steps

Screening, evaluation and referral for children up to three
 whose development is delayed or who do not hear well -
 located at Sacred Heart Hospital in
 Pensacola 1-800-281-1845

Emerald Coast Children's Advocacy Center 833-9237

Horizons DBA (ARC of the Emerald Coast)

Birth to Three Program - for those at risk for
 developmental delays, including substance exposed
 babies 863-1530

Magnolia Pediatric Therapy - pediatric speech, language,
 feeding/swallowing therapy and social skills groups

FWB 226-8279

Destin 424-5469

Pediatric Therapy Center, FWB - physical and speech
 therapy, for ages 1-18 862-7227

SSI Local 866-331-2194

SSI National 800-772-1213

United Cerebral Palsy of NWF 432-1596

FAMILY ASSISTANCE

Alcoholics Anonymous 244-2421
 American Cancer Society 244-3813
 American Diabetes Association- 1-800-342-2383
 American Lung Association 1-800-LUNGUSA
 American Red Cross 682-3356
 Big Brothers/Big Sisters 664-5437
 Catholic Charities of NW Florida 244-2825
 Children's Home Society/Healthy Families 833-3872
 Child Support Enforcement 1-800-622-5437
 Elder Services of Okaloosa County 833-9165
 Emerald Coast Children's Advocacy Center 833-9237
 Epilepsy Services of NW Florida 315-0000
 Families Count Resource Center 396-0319
 Airman and Family Readiness, Eglin AFB 882-9060
 Airman and Family Readiness, Hurlburt Field 884-5441
 Florida State Blind Services 1-850-595-5282
 Fresh Start - help for homeless 243-5648
 Guardian Ad Litem - children's advocate 850-595-3728
 Good Will Easter Seals 864-6677
 Healthy Families 850-484-5040 x1337
Healthy Start Coalition **833-9284**
 Hope House - Runaway Teens 682-2374

Horizons of Okaloosa County 863-1530
 Pathway (substance abuse) 609-1004
 Legal Services of North Florida 862-3279
 LIFE, Inc. - for crisis pregnancy 862-9020

Lutheran Services 664-0145

Mental Health Association 244-1040

Okaloosa AIDS Support and Information (OASIS) 314-0950

Okaloosa Coordinated Transportation

Fort Walton Beach 833-9168

Crestview 689-7809

Ronald McDonald House - for parents needing a place to
 stay while child is hospitalized

(Pensacola) 1-850-477-CARE

UF Extension Service - Information on farming, FL lawn
 care, bugs, money management, 4-H, health and
 nutrition and more 689-5850

Children and Youth Services

YMCA - Crestview 689-2999

Early Learning Coalition of Okaloosa-Walton 833-3627

Department of Juvenile Justice, FWB 833-3906

Crestview 689-7980

